

Next Week's Lunch Menu

- Mon** Sausage en croute with vegetables Fruit salad with nut crunch
- Wed** **Class 2's "You Choose" meal**
Pasta with pesto, cheese & tomato sauce Apple flapjack
- Fri** Pumpkin and coconut soup with bread Pumpkin pie

Car sharing? Cycling? Walking?

All sorts of information about transport in east Sussex can be found at

<http://www.travelchoice.org>

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DATES FOR YOUR DIARY	
Tue 14	Swimming for years 1-6. 8.45am at the Leisure Centre
Wed 15	OPEN DAY PET refresher course begins
Thu 16	Class 2 trip to Science Museum - whole day Grounds Team meeting - 9.15 - Quiet Room Yoga Club - 3.30-4.30
Fri 17	Craft Gathering from 9am Quiet Room
Fri 24	Break up for half term



10 Oct 2008

A (Soap)box of Christmas Cards

Cover your eyes those of you with a sensitive disposition, for with only 76 shopping days to go, I am about to mention the C word. The subject of Christmas cards reared its head at a recent staff meeting causing me to climb onto my Hobby Horse (these make great Christmas presents by the way...)

Some time ago my wife, Li, and I wrestled with the Christmas Card Conundrum. Having both taught in Primary schools we have spent years snowed under by cards. If, in a class of 25 children and one teacher, each member of the class gives everybody a card this works out at 25x25=625 cards.

As teachers, the first step was to limit the environmental impact of this paper chase by encouraging the children to send one card to the whole class with a special message to be read out.

At home we decided to send fewer cards. We live in a close-knit community and a cheery "Merry Christmas" has the same happy effect as when it is printed inside a card. These days we only send cards to people who we are not likely to see and more of our friends have also opted for a verbal form of festive greeting.

I made a fuss in the meeting (Jessie seems to have developed a nasty cough which sounds a lot like 'Scrooge'). I do believe it is important, however, that the Green mantra of REDUCE, re-use and recycle gets some attention here, the first word being far more important than the other two.

The Recycling Consortium suggests that one billion Christmas cards (17 for every man, woman and child) could end up in bins across the UK this year. One tree is needed to make about 3,000 cards. That is still a lot of trees. Even cards from a 'sustainable' source mean a mature tree has been cut down and replaced with a sapling, so removing that larger tree from the carbon dioxide cycle.

I'll get off my horse... This doesn't mean I'm humbugging Christmas, but please think about how many cards you really need to send this year.

With a ding dong merrily on high,

Ebenezer Matthew (Class 1)

Drama

Our after-school drama club is looking for new members. If you think your child would enjoy some imaginative and creative play within the structure of this small group please let the office know so that Lorraine can welcome them for a trial session next week.

The club runs every Wednesday from 3.15 - 4.45.

Grounds for hope

The 'old office' has served us well but has finally reached the end of its career at LNS.

The Grounds Team are now beginning to think about how to develop this newly liberated area of the playground. If you are yet to join one of the teams and would like to help with the shaping of the outdoor space please come along to their next meeting which will be held on Thursday 16th October at 9.15 in the Quiet Room.

Yoga

Places still available on this course – every Thursday from 3.30-4.30pm. Contact the office to reserve a place or call Ann-Marie on 07980 084360.

Dear Class 3 families

For the next five Thursdays Pearl and Anna will be busy with Stephanie's TET training course. We are really pleased that Lorraine, who knows the class well, will be able to work with the children in their absence.



Isla (class 2)

Harvest thanks

Many thanks to the group of parents who did such a wonderful job decorating the hall for our Harvest celebration.

And a special thanks to Louise (*Freya and Holly*) whose efforts to coordinate this and one or two other things this term have been much appreciated.

All the food donations will be taken to St Patrick's (a charity supporting homeless people in Brighton) which is the project we supported last year and which the children are keen to keep a relationship with.

Picture perfect

Thanks also to Jane (*Wilkie 3*) for taking the excellent school photos and for organising the prints **...which you will all by now have ordered!**

They are a delightful reminder of last year's school and class communities.