

Next Week's Lunch Menu

Mon Potato, squash and cheese filo pie with salad
Fruit Salad

Wed **Class 3's "You Choose" meal**
Margherita pizza with olives and salad
Chocolate mousse cake

Fri Roast vegetable lasagne
Poached pears with custard

*Calling all mums! Come and play netball at the Southdown Sports Club [Lewes] on Tuesday evenings 6.30-8pm. We are a social [non-serious!] group and **need more players**. Lots of fun. Speak to Louise [Freya and Holly]*

DATES FOR YOUR DIARY

WINTER FAIR TOMORROW 12.30-4pm

Next Week

Wed 10	LAST Drama Club of the term 3.15-4.45 [bring that snack!]
---------------	---

Wed 17 Dec 2.00 & 7.00 End of term performance

Thur 18 Dec 3.15 Break up

**NB timing of
End of Term
performance**

Y
A
D
A
Y
05 Dec 2008
B
E
R
E

Learning is fascinating. I feel immense gratitude for being able to share in the wonder of learning with Class 3. As a teacher at LNS listening and observing are essential. When fascination prevails, then opening and curiosity can follow. Learning no longer comes from wanting to reach a goal or fulfil an aim, but from a gradual unfolding, an effortless blossoming of ideas. There is constant delight in participating in such a process of learning.

During our Yoga practice this term we are listening to and observing the breath. The breath's purpose during Yoga, is to guide and encourage the continuous process of opening. It is not about achieving a position but understanding how to travel there with the breath as our guide. The pause at the end of the inhalation is a special place where nothing seems to happen. The old air is travelling away and the new air is ready to move in. In that space in between there is a silence, a deep silence. . . .and space. In our culture there is a drive to do and to achieve, but within space Class 3 have found an all important place to experience simply being. Space is crucial for reflection. The children of Class 3 have made beautiful connections with this fine breeze that travels in and out of the body. As they are working on a sculpture project, links have been made between negative and positive spaces in their stone carving and form and postures in their Yoga practice.

On the journey towards Christmas it is important for us all to find a place inside simply to be.

The only way to bring peace to earth
Is to learn to make our own lives peaceful

Lorraine

Marketing marvels

Thanks to all who contributed so much to the planning and running of this term's Open Days. In particular, mention must be made of Lizzie, Cath, the teaching staff & kids, our chef John, and all the parents who gave their time on the day. We're delighted to say that their efforts have been rewarded and we've some very positive news.

Over 30 families have visited the school since the beginning of term. Reception in September 2009, 10 & 11 is now full - we even have a waiting list. By the end of this academic year, we anticipate a further 5 children will have joined us in classes further up the school. This is crucial. Altogether, there are still over 15 spaces to fill in years 2, 3 & 5 - and this is where we are concentrating our marketing efforts.

Before the end of this school year we have four more Open Days planned. It's great that so many parents have been willing to distribute flyers and posters in Lewes & Brighton. Please keep it up! Once again, thank you all for your continued support in marketing the school. Dahlan (*Elias and Joshie*)

Become a friend of the school on Facebook and spread the word. From within our extended network of friends, relatives and neighbours I am sure there are more families who would love to join our learning community.

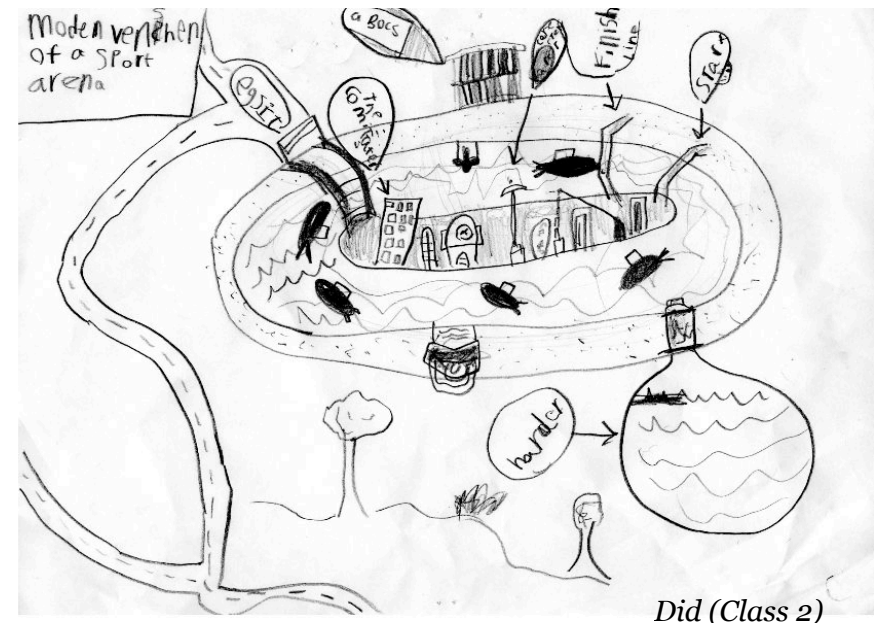
Winter Fair – tomorrow!!

Enter through the wardrobe to discover the magical world of the Lewes New School Winter Fair! A credit-crunching 50p admission price will give you access to all areas of our veritable wonderland. All very, very welcome.

Shadow play

Our end of term performance* this year centres around poetry and music on the theme of light and dark. Tickets for either the evening or afternoon performance will be available from the office from next week. As in previous years, we will be restricting the number of tickets initially to 4 in total per family so as to be sure to fit everyone into the hall safely.

*Wednesday 17th 2pm and 7pm



First design for a modern version of a Roman sports arena

We would very much like cakes and biscuits for the Winter Fair tea stall. Please bring your yummy delights to the kitchen either on Friday after school or Saturday morning.