

Lunch Menu

Monday	Bubble & Squeak with veggie sausages	Fruit salad
Wednesday	Class 2's you choose meal Tapas: Garlic mushrooms/ Olives/garlic bread/salad	Mint choc ice cream & strawberries
Friday	Spaghetti and tomato sauce & cheese	Banana & honey bread

DATES FOR YOUR DIARY

Tues 9	8.50am Swimming Lizzie at Nuffield Review Launch Pedja here [before Camp] 3.15 Multi sports
Weds 10	Y3-6 CAMP until the end of the week 2.30 Summer Fair meeting in QR all welcome

Weds 17th	10am OPEN DAY for Nursery
Thurs 18th	6pm Governors' Meeting
Weds 24th	OPEN MORNING 2.30 Summer Fair Meeting
Thurs 25th	Afternoon: Facepack Theatre Company
Fri 26th	9.30-12 Sports Day in Paddock

JULY

Weds 1st	10am OPEN DAY for Nursery
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Saturday 4th July 12.30 - 4pm SUMMER FAIR

Mon 6th	PARENT CONSULTATION WEEK [late evening Weds 8 th]
Tues 7th	Class 1 Show in Hall
Thurs 9th	1.30pm Trustees Meeting
Fri 10th	Patina Parade [Y6]
Mon 13th	Dance Performance rehearsal at Lewes Leisure Centre
Tues 14th	Lewes Schools Dance Performance at Roedean [Y4&5]
Weds 15th	11am Leavers Assembly 12 noon BREAK UP Picnic in the Park

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5 June 2009
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I might be speaking too soon, but it feels like summer has finally arrived here in Lewes after a lengthy spell of wet and cloudy weather. You can see the relief on people's faces when the sky finally clears and the sun breaks through. What better time to indulge in what our inner nature most desires, gazing at the stars on a clear summer's night, keeping campfires burning, tending to simple tasks, stuff that the soul yearns for. Both children and teachers are blessed to be spending a few days at school camp next week, and I for one can't wait!

Almost everyone can recall a favourite trip or outdoor moment from his or her childhood, but did you really know the lasting effect that the experience had on you? In today's busy world, few people find time to truly commune with nature and reap the rewards. Our school camp reminds us of what you can receive for paying nature a visit. Our stress levels significantly decrease in nature, without all the worries and complications of everyday life, nature allows us to clear our minds and relax.

There are numerous advantages to our school camp experience, camp can help children to be aware of their surroundings and so they become more acutely aware of what is taking place around them. It teaches the children basic survival skills, it aids a deeper understanding of nature and the earth itself, its importance and how to take care of it. The children will learn a great deal about themselves while at camp. Teamwork and individual skills are developed through games; shelter building; tool skills; lighting fires, the list is endless. Each activity encourages intra and inter personal skills, as well as practical and intellectual skills.

Last year I saw first hand how being close to nature enriches the children's lives. Seeing our children gain in confidence, overcome fears, work positively with their friends, and come to terms with themselves and their abilities is a truly satisfying experience.

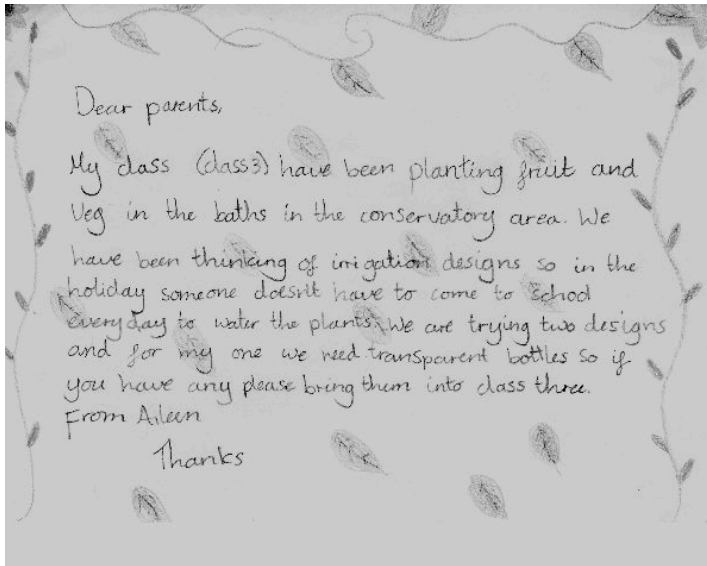
Lorraine (Class 3 teacher)

Ch-ch-ch-ch Charlie...

... has been busy with all the arrangements for Lewes New School's foray into the music industry. Updates and reminders are being put on our smart new notice board and everyone should have a copy of the words - do let Charlie [Alfie & Millie] know if you have any queries. **Please make sure that you have returned your slips to the office.**

Urgent Call

Class 1 are creating a 3D Wildlife Gallery and need your newspapers and cardboard tubes: short (for hippos) and long (for giraffes)



A request from Class 3

One of our parents has come forward with a suggestion for the school's sports curriculum as an alternative to our current provision of teaching in this area. Governors would like all parents with an interest to go to the school website's news page to view all the details. www.lewesnewschool.co.uk/News_and_Info.aspx.

Remember: **Skills Workshops every Friday at 9.15am** – join the hordes getting hooked on crocheting and there are regular sewing machine sessions – all welcome.

Life is like a ribbon it goes on and on flowing from the night to the dawn. Looping high and ducking low powdery and soft as snow who knows where it's going to go! Changing all the time to sweet as a melon to sour as a green lime, it likes to loop it likes to curl searching like a silver pearl diving swooping loop the looping

Khaya's (Class 2) poem about Life

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searching like silver pearl. Diving swooping loop the looping changing tone all the time silver to red to green and always so wonderfully clean. Shining glittering almost flickering like a golden candlelight something never see life has been here all the time a long glittering silver line. Shining bright all though the night giving you a dreadful FRGHT! Lost in the pits of time.....tick tock time going by but why? Life is like a ribbon flowing on and on flowing from the night to the purple flight of dawn. Life can never die making love and courting death making pain something it must it hates and loves just like us, so you must be happy for your life thank life for making you don't think you have a bad life, think of others less fortunate than you because by and by your time will come to look life right in the eye then death will come a calling and open the door to heaven. Many humans have not valued their time on earth so you try to value your life and not fear death.....

Life is like a ribbon flowing on and on.....

In this beautiful bright weather it's lovely to be outside but please make sure that your child has plenty of sun protection. Sunblock can be kept in your child's drawer and hats can be left on coat hooks for easy access.

P.E.T. Drop-in...

I am running a drop-in Parent Support Group on Wednesday mornings from next week [June 10th] 9.45 - 11.45 am at my house [3, Harveys Way, Lewes, BN7 2JW] for all PET course graduates. So, if you fancy meeting some new parents and troubleshooting current problems/refreshing your skills, please come along. Cost is £20 per session. Please phone [01273 471783] or text [07707 026595] to let me know if you're coming so I have an idea of numbers. But, if that's not possible, just turn up! Stephanie (Aileen)

No Friday Letter next week – see you on the 19th